S P O T L I G H T

Spring Edition
1964

SPOTLIGHT

An Official Publication

of the

STATE TRAINING SCHOOL FOR GIRLS

Dobbs Farm

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Cover Design By: Yovonne Williams

Miss Mae D. Holmes, Superintendent

Mr. Blaine M. Madison, Commissioner of Correction

SPRING

1964

GREETINGS FROM THE SUPERINTENDENT

As we welcome the many challenges of the spring season with its opportunities for flexibility, creativity, imagination and growth, let's concentrate on personal development and growth. Let's listen, learn, and read, with emphasis on developing constructive habits of reading.

Let's read for enjoyment. Let's read for enlightment. Let's read for more knowledge. Reading is the key for understanding, desired achievement, and progress. Let's read for the love of reading, as well as for the love of all mankind.

(Miss) Mae D. Holmes
Superintendent

TO KNOW HOW CHILDREN FEEL AND TO AND TO ACCEPT IT!

Teaching is no longer a single track profession, but a summary of social services.

The languages which a teacher needs most to understand are unspoken ones -- the language of the feelings.

The teacher who can read this language can fill the hole with a little extra affection, not make it more hollow with scolding, moralizing, and disgrace.

What is wrong with the usual kind of discipline, the "normal" reaction to an outburst of abnormal behavior?

After all, we're not psychiatrists, and the classroom is a place where children must learn appropriate behavior. How they learn this behavior and the cost of the learning is the issue! What are they really learning as they go through the motions of conformity? Unfortunately many of us never realize the real effect of our disciplining -- it all seems very simple and effective. The question to ask ourselves perhaps is "what unspoken language am I using"? What message is received by the child"? Otherwise, the evil that teachers do so unwittingly may live after them for many a moon.

Howard Lane once said that a delinquent was a child who couldn't count a single adult as a friend.

A friend is one who can understand the language of the emotions, who can accept the feelings which bubble up in hate and anger and hurt.

Where people can experience this kind of friend at some time in their lives -- and it's never too late for the first experience -- they have the chance to learn how to accept the feelings of others, and so the chain of understanding and accepting the language of other people's emotions is lengthened and strengthened.

H ow is it done? The first step assumes that the teacher, deep down really accepts children the way they are; as persons, regardless of what the children do. The teacher does not have to accept what the child does, but she will have to offer him a way to liquidate his feelings without hurting others. Most teachers have this feeling toward most children.

Continued .....

TO KNOW HOW CHILDREN FEEL AND TO ACCEPT IT! - Continued .....

Spreading it to the others, who are not so obviously lovable, is the problem. When a child is in distress, he usually says something -- not what he is really feeling, but as much as he dare face verbally. The teacher then reflects this spoken expression in a voice which conveys the language of accepted feelings.

Astonishing things will follow and you will use the method for all it is worth. That worth is a classroom where children begin to accept each other's feelings, and later on accept those of their mates and of their own children.

Miss Blanche G. Reid, Principal

A THOUGHT

A persons wisdom as he looks outward upon others can only be as the wisdom he possesses as he looks inward upon himself. These words were written by Arthur T. Jersild, but what do they mean to you?

Wisdom, according to Webster, is knowledge and the ability to use it so as to be of value to oneself and others. The Old Testament and the Wisdom of Solomon mentions: so wise was he as to order a baby split in half to be shared between two women, only to find the real mother would rather give the baby up than have it harmed. We all need wisdon and the ability to use it so as to be of value to ourselves and others.

Believe in yourself, and what others think won't matter. (Emerson)

When opportunity knocks - you have to open the door yourself. (Vanbee)

The big jobs of tomorrow are for the man who is doing today's small jobs, as best he can .... (Vanbee)

CAMPUS NEWS

Dr. Charles Weaver from the State Department of Public Instruction was guest speaker for our fellowship meeting on February 19, 1964. He was accompanied by Dr. J. Larkins and Miss McKnight, his secretary. The address given by Dr. Weaver was both informative and educational. Visiting with us were: Mr. W. H. Grice, Principal of Adkin Jr. High; Mr. C. B. Stewart, Principal of Adkin Sr. High School; his wife Mrs. E. Stewart, Supervisor of Kinston City Schools.

We enjoyed Dr. Weaver very much and invited him to return at a later date to visit during the school day.

On Thursday, March 19, 1964, Mrs. G. J. Cheek, our director of Music was guest speaker for the Student Council at Adkin Sr. High School. Mrs. Cheek spoke on "An Active Citizen In a Challenging World." Again on Thursday night, the Frink High School Seniors held their annual "Unveiling of the Motto" program. Mrs. Cheek addressed this group using the topic, "Tonight You Launch - Tomorrow You Anchor.

Miss Holmes, our Superintendent, attended the quarterly Superintendent's Administrative meeting at Morrison, January 6, 1964. The next meeting will be held April 8, 1964 here at our school. We look forward to having these visitors on our Campus.

It was indeed a pleasure to have Mr. Samuel Leonard visit with us during the Winter. The slides that were shown of his travels and the display of Cultural items from some of the Countries were enjoyed greatly. We always welcome a visit from a pioneer and a friend.

During the Winter months we were priviliged to have visit our Campus the following clubs: The Banneker Literary Society, Omicron Club, S.O.H.S., La Bons Ami, and the Kinston Bridge Club. These ladies, friends of the school, were invited to a tea given by our Superintendent.

During the month of March the Counselors graciously consented to assume the responsibility of operating our beauty parlor. Because of the influx of students, Mrs. Harvey, our Beauty Clinic Supervisor, is scheduled in the classroom as a Seventh Grade teacher.

The Counselors along with a group of students were able to give every girl on the Campus a magnificent coiffure for Easter.

This procedure will continue with the aid of the Counselors. Each girl will get her hair fixed twice monthly. Progress through Cooperation.

SPECIAL EDUCATION

We offer congratulations to Retha Farmer, Sarah West, Savonne Flemming, Delta Logan, Zelma Williams, Peggy Ballard, Patricia Herring, and Teresa McDonald for outstanding work done in the class and their promotion to the seventh grade. Keep studying girls, we hope to be with you soon.

We are continuing with our flower project. We planted some bulbs of Basket Begonias. They are growing very pretty. Nine African Violet leaves were rooted, and they are growing nicely.

Our class is planning a Chapel program to be given sometime in April. At this writing, we are looking forward to a happy Easter. We have been working on our Easter classroom decorations.

We have learned many things about the people in Alaska in our Social Studies. The way they live, work, and play is very interesting.

Reporters: Shirley Goins
Linda Rogers
Marie Brooks

SEVENTH GRADE NEWS

We pledge our support to our class president, Sheron Weldon; Secretary, Retha Farmer, and Gloria N eal, Committee Chairman.

We thank the class members for watching their conduct and [illegible] attitudes toward staff members. We are being helped socially and morally which makes us better citizens.

Students promoted from the 6th grade to the 7th are welcome. Mrs. Harvey (7th grade teacher) is giving us the opportunity to learn through class participation and other methods.

Eight girls were promoted from the 7th grade to the 8th grade in March: Dorothy Adams, Patricia Dawkins, Olivia Emerson, Charlene Sullivan, Ernestine Davison, Estelle Martin, Victoria Williams, and Gloria Benjamin.

The Seventh Grade Class

EIGHTH GRADE NEWS

The eighth grade class (sections A and B) under the instruction of Mr. H. B. Leazer has had a very eventful year. Our students have been participating in the many activities on the campus. Joan Massey was fortunate to make several trips with the Glee Club out of town.

Our program during Negro History Week was entitled "The Negro In Sports". Members of the class displayed much interest and enjoyed presenting the program.

During the month of March, several girls were promoted to the ninth grade. They were: Delphinia Merritt and Gloria Freeman. We also welcomed several seventh grade students to our class. During the last semester, new girls joined our class and others were released.

We have several girls on the Patrol force and lately we have had a number of girls on the honor roll.

We are proud to have representatives in the many campus organizations and also proud to be members of the eighth grade class.

Reporters: Ruth McCurdy
Shirley Henderson

CLASSES 10 A and B (English)

Hallelujah, We have at last completed Julius Caesar. This tragedy in five acts almost made a wreck of us. The orations of Mark Antony and Brutus will be forever in our memories .

We are now preparing to learn parts for our Spring One Act Drama Festival. These, we are sure, we'll enjoy. However, we must struggle through Silas Marner and The Rubiyat of Omar Khayam before the end of the semester.

> To paraphrase Brutus -- "Who is here so vile that would not love Literature?" Who is here so foolish as would not learn her oration? Who is here so rude that would dare not come to class? Speak for him I offended. NONE, Mrs. Cheek, None.

Reporter: Betty Thompson (10 B)

MUSIC DEPARTMENT

The Glee Club members of our school have been practicing faithfully to present this years Easter Cantata. "The Thorned Crowned King" written by Lorenz will highlight the concert on Easter Sunday at 5 o'clock p.m. in the gymnasium. This year, picturesque slides will be shown as the Choir sings in concert. Soloists for this event are Frances McRae, Linda Griffin, Shirley Bryant, and Lyndia Gilliam.

The Glee Club has had a relatively successful year. They have appeared in concert in Raleigh and Durham. Lucy Jones, a former student and soloist for the Choir returned to the campus and performed with the group.

Recently, our organization received quite a blow with so many of our girls going home. Our loss, however, is a gain for the public school glee clubs all over the state. We will miss Delores Lockley, Georgia Green, Gladys Partlow, Peggy Brown, Elwillie Beam, Carolyn Maryland, Linda Coleman, Jean Hunt, and Gwendolyn Moore.

The Music Department, during Negro History Week, sponsored a program entitled "Music, The Soul of the Negro". We were fortunate to have appearing on this program - Mr. R. Knight, Band Instructor, Lenoir County Schools; Mr. J. H. Jones, Trumpetist, Assistant Prncipal, Savannah High School; three soloists from Adkin Senior High School under the direction of Mrs. W. Rhem and Miss A. Howell, soloist, former staff member, Secretary, Adkin Junior High School. These persons represented The Soul of the Spiritual, The Soul of Jazz, The Soul of the Classics, The Soul of Blues, and The Soul of Rock and Roll. We enjoyed them very much.

On Tuesday, March 24, 1964, Frances McRae will represent our school in the Lenoir County Music Festival at Woodington High School. We wish her every success.

We were recently given some new hymnals by the Spillman Memorial Church. These were very much needed and appreciated.

Continued .....

Linda Gilliam has recently organized a gospel quartette. Linda writes songs and plays the piano by ear. She is genuinely interested in music and a definite asset to our Glee Club.

We look forward to our Spring Recital in May. Until next time, remember out motto, "Speak, you are my fellowmen, Sing, we are brothers!" (Hippel)

ARTS AND CRAFTS DEPARTMENT

Among the gifts of God that distinguish man from the animal creatures is that gift of "Thinking Hands", that is so coordinated with his mind that he has been able to create an entirely new environment for himself from that of nature.

The creative instinct is a powerful force for good or evil, and every effort is being made to divert it into the constructive channels of the Arts and Crafts Department.

The "Thinking Hands" department, better known as Arts and Crafts is not one subject or phase of accomplishments, but a vast network of interrelated activities that lead into almost every gateway of knowledge that can be found in our department.

To those of you whom I have already met, I extend a warm "hello" and to those whom I have not had the pleasure of meeting "saleur".

Arts and Crafts Department
V. M. Grigsby, Instructor

Continued .....

'Tween You 'N Me

The girls of the Arts and Crafts Department are very proud to be a part of this department.

The activities are varied and usually fit the mood of the individual. Each girl has a project. The pleasure of making beautiful things makes one want to continue on and on.

One of our dominant activities is namely ceramics. We are able to express our feeling and artistic abilities through painting, designing, sanding, glazing, and handling the beautiful pieces after they are fired by Mrs. Grigsby. We also engage in several other activities, such as rug making, basket weaving, copper tooling, oil painting, shell craft, and many more we enjoy.

So long from all of us to all of you.

Reporters: Patricia Dawkins
Mettie Cowan
Estelle Martin

You can't hold a man down without staying down with him.

Booker T. Washington

Every noble life leaves the fiber of it interwoven forever in the work of the world.

Ruskin

It is better to suffer wrong than to do it, and happier to be sometimes cheated than not to trust.

Samuel Johnson

Happiness is best attained by learning to live each day by itself. The worries are mostly about yesterday and tomorrow.

Micheal Nolan

In God shall be my hope, my stay, my guide, and lantern to my feet.

Shakespeare

PHYSICAL EDUCATION, HEALTH AND RECREATION DEPARTMENT

In times of hurry, worry, trials and trouble, we all need Recreation which is real fun, ready at hand, eases stress, makes friends, costs little, lasts long, and widens our horizons.

Recreation is not a matter of motions but rather of emotions. It is a personal response, a psychological reaction, an attitude, an approval, a way of life.

This field has a role to play in all remedial and corrective institutions. Homes for the physically handicapped, hospitals for the mentally ill, reformatories and prisons, all house human beings. Recreation is a part of the living process. It would be almost as justifiable to rob people of substaining food as to deny them the nutriment of some time-of-their own living opportunities.

Human life depends for its endurance and for its results upon the capability and the restorsbility of the individual who personates its activity and its results. Thus being able to maintain properly and continously a reasonable amount of mental energy in order there by to extradrdinary things in extraordinary ways, depends very largerly upon the field of restorability that suitable recreation has its place as it gives a relief to mind and to body that is an absolute necessity in order to guarantee many years of effective and continous service. It is highly important that recreation become a habit so that simple pure and useful pleasures may be comprehended and appreciated by every human being.

The fact that recreation is a fundamental human need and contribute to save essentials as mental, physical, emotional and social health. It further contributes to character development and democratic living.

Here at the State Training School for Girls, we endeavor to do the following things in regards to this field:

1. To discover and develop creative ability
2. To make work and worship more meaningful and satisfying through the experience of fair play.
3. To introduce and encourage christian community recreation.
4. To exclude from our lives those oforms of recreation which do not contribute to the attainment of good life.

J. M. Daniels, Instructor
Physical Education Depatrment

BIRTHDAY PARTY

On Saturday March 21st we honored thirty-six girls who had birthdays during the month of February and March.

The theme of the party was centered around St. Patrick's Day, even though it was slightly in the past. Each cottage took a very definite part in that a St. Patrick's Day poster was made and brought to the party to be displayed for a prize.

Members of the staff had a hard time in deciding which cottage had the best poster so we ended up by giving each cottage a picture which could be placed in their living room.

The girls who were being honored were:

FEBRUARY	MARCH
Marie Brooks	Mary Abernathy
Arizona Fleming	Dorothy Adams
Gloria Freeman	Gloria Brown
Shirley Goines	Ira M. Cromartie
Glenda Graves	Olivia Emerson
Ruth Hooks	Dorothy Jones
Betty Kirk	Doris Joseph
Earnestine Moore	Delta Logan
Yvonne Williams	Judy McIntosh
Loretta Scott	Betty Thompson
Sandra Slade	Jackie Hickman
Sheron Weldon	Rosemary Simpson
Patricia Young	Wilma Williams
Brenda Rikard	Carolyn McDowell
Johnnie Tyson	Lucille Moore
Sylvia Robinson	Victoria Williams
	Donna Richardson
	Luretta Williams
	Savonna Fleming
	Noami Hewitt

BASKET BALL

Each cottage has a basket ball team and the competetive spirit has really been lively on Monday and Firday nights as the teams battle for victory.

J. M. Daniels, Chairman
Recreation Committee

WHAT IS HOMEMAKING?

Is it cooking, washing, ironing and keeping the house clean? Is it bringing up children, looking after their needs every day, and nursing when they are ill? Is it mending, pressing and sewing for the family? Can we add all these things together and have a definition for a home? No, because there would still be something missing in our description of how to make a home.

Homemaking is everybody's business, no matter who you are - a teenager, a man or a woman - Homemaking is your job. This does not mean that you should participate in all homemaking activities but it does mean that you should contribute to the welfare of the family and home to the best of your ability. If you are a teen-ager, probably you will not be the chief cook and house keeper, but there are numerous ways in which you can and should give competent assistance. Washing dishes, preparing an occasional meal, doing the weekly cleaning, sweeping the walks and porches and washing windows are some of the jobs that provide an opportunity for the teen-ager to do his or her share of homemaking. Boys as well as girls should do their share of homemaking.

Reporters: Patricia Freeman
Barbara Anderson
Instructor: Mrs. F. S. Ramsey

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INQUIRING REPORTER

QUESTION: Why do you think it is easier to do something you want to do, than something you have to do?

Frances McRae - I think it is easier to do something you want to do, rather than something you have to do because you will be more willing to do it. You will probably be more enthusiastic and wait with expectations of doing it. You enjoy doing what you want to do more than what you have to do because then you don't have the feeling of being pushed. What you want to do is more than likely something you like to do and can do well.

Jacqueline Gash - In doing something you want to do it is easier than what you have to do because in doing something you want it gives pleasure and an ease to the mind because you are doing something that satisfies your own want.

Doing something we have to do doesn't give us such a good feeling as doing what we want. In doing what we have to do, we know it must be done, whatever the situation may be. It may take someone bigger than the individual to see that you do as you are suppose to, not as you want. We will find that our ends will turn up much better, if we do what needs to be done.

Martha Williams - I think it is easier to do something you want to do, than something you have to do because if you do something you want to do you get more spirit out of your work and you will do it better.

Shirley Lowery - In your mind there is something you want to do. If you want to act ugly and fight, it is allright, because you want to do it. It is not what you want to do, it is what you have to do. It is very easy for you to do what you want to do, but when it comes down for us to do as we have to do it hurts us. It is easier for ys to do something we want to, because we have in our mind that we want to do it and we can. Why is it that we cannot do what we have to do? Is it because we don't want to?

INQUIRING REPORTER
Continued

Mettie Cowan - First we find the meaning of want and have and then find the difference between want and have. Want is to have a desire in order to do and have is a desire or to be required or demaned to do.

It is easier to want to do something tan to do what you have to because if you want to do something you will be determined to meet the efficient necessities in order to accomplish what you want to do. In the case where you are demanded to do or have to do, you may not have patience in order to do what ever is required and you may not meet the goal that is demanded.

Ernestine Moore - In doing something you want to do, you have more spirit about yourself because of the fact that you enjoy it or there is something that makes other people notice you.

On the other hand, if there is a must that you do something it may be something that doesn't interest you in the least.

Although it might be valuable to you in the future, you may not do your best at it. It is also harder in some instances where you have to do something because there is a consequence and you know if you don't do it, you will have to suffer.

Brenda Catoe - It is easier to do something you want to do, than something you have to do, because something that is done by us automatically is something we know how to do and it is easier to do because we keep our minds alert and interested in it. Some things we have to do make us feel at ease, however, at times our minds are clogged with thoughts of what it would mean to us to do things on our own or the way we want to do it.

Velma Purdie - When you want to do something it may not do you any good, but you have the interest, desire and ability. It seems easier just because you have these things and you want to do it but if forced, work seems harder.

I think if you really want to do something you can do it. Just remember that desire, want interest and ability are very important in wanting to do someting.

Submitted by: G. Alston
Social Science Department

PATROL NEWS

The teaching staff with the aid of the dining hall and Home Economics Department honored the Safety Patrol unit with a snack party. This I am told is the first in a series of many honors to be given in appreciation for our help here at the school. I was also told a trip has been planned for the unit to visit and to witness the public school in action. The following was served at the snack party:

Presidential Punch	Canapes	Hors-d'oeuvres
drop cookies		Candy

Each member invited one guest. Games of all kinds were played and the latest records were listened to and danced by. This was really a day that will be remembered by all who attended.

Submitted by: Elouise Dawkins,
Patrol Captain

SAFETY PATROL

Five months ago today a safety partol unit was installed at State Training School. Since the first member was sworn in there has been a vast difference in the behavior of the student body.

Our 18 partols, all honor students, are respected by both staff and students. They are doing a remarkable job in keeping peace and harmony among the students.

Before we mention the many duties our patrols must perform, please allow us to mention our starters:

1. Captain- Peggy Brown, has been released and we hope she's doing fine.
2. Lieutenant- Doris Joseph, was promoted to the rank of captain on our second group and is still wih us.
3. Lieutenant- Jacqueline Gash, is a new comer to S. T. S.
4. Recorder- Gloria Riley, is a new comer also.

We have now started our fourth unit. The duties listed below have remained the same since our ogganization:

1. Wear white belts and Badges on duty.
2. Be on post when due.
3. Keep order in assembly.
4. Keep line straight and quiet leaving school and at the dining hall.
5. Keep order while waiting to sing evening hymn before being dismissed to cottages.
6. Keep order during morning and evening breaks in halls and in bathrooms.
7. Make sure all persons are out of the building during fire drills.

Members of the School Patrol are:

1. Eloise Dawkins, Capt.
2. Nellie Thomas, Lieut.
3. Mettie Cowan, Lieut.
4. Norma Fitzgerald
5. Barbara Davis
6. Barbara Anderson
7. Barbara Moore
8. Brenda Daniels
9. Ernestine Davidson
10. Judy Farrar
11. Delta Logan
12. Zelma Williams
13. Doris Baker
14. Margaret Johnson
15. Betty Thompson
16. Ruth McCurdy
17. Patricia Dawkins

NEW DORM I

On February 13, 1964, New Dorm I was awarded a beautiful pot plant for our artistic idea of valentines made by our cottage artists, Judy Farrar and Eloise Dawkins. The flowers were artificially designed of beautiful red roses and supported by a dark brown vase containing brown and green moss.

Our prize was basically won on originality and neatness. The flower, our prize, is well admired by all the girls in the Cottage. We placed it on the TV and at other times on the sewing machine, when it is not in use.

New Dorm I is very proud of being awarded 1st prize.

Reporter - Jacqueline Gash

NEW DORM II

Since the beginning of the year, we have had many exciting incidents.

We have released several of our girls to society and we hope that our efforts toward making them better citizens have been successful.

Another change that has taken place in our cottage quite frequently is the moving of girls to and from the cottage.

The girls from the other cottages have adjusted quite well and we think that the girls we moved have adjusted equally as well.

On March 4, we were honored by the presence of a distinguished guest from the University of North Carolina, Mr. Hollingsorth. We were very much impressed and we hope that we gave a favorable impression.

We believe that we have accomplished some of the things we have tried to achieve, however, we do not expect miracles and we are forever remembering that a chain is only as strong as its weakest link.

Counselors: M. B. White
Ruby Aldridge

NEWS FROM FEDERATION COTTAGE

We the girls from Federation Cottage are proud to say that we have made progress in many ways. We have progressed with our noise making in and out of the cottage. Our girls have failed in many ways, but all in all we have a fine cottage with the help of our three counselors: Mrs. Roberts, Miss Watkins, and Miss Beamon.

We are also proud to say that we have had a few patrols in our cottage; some have moved and some have returned to their communities. We have several Glee Club girls in our cottage also.

Three of our cottage sisters have gone back to their communities. They are Deanne McMillan, Delores Lockley and Carolyn Maryland. We miss them and we are also glad for them.

We were glad to have Mrs. Anthony visit our cottage. During the past few months we have gained another addition to our family. He is a friendly fellow at times and lives in our back yard. He is our own dear Mrs. Roberts' dog, Rex.

Reporters: Norma Fitzgerald
Bettie Gregory

LEONARD COTTAGE

Just a little every day, that's the Way
Young folks learn to do things right
Bit by bit and mite by mite
Never anyone leaps to knowledge and power
But slowly, slowly, Hour by Hour;
That's the way,
Just a little every day.

If we are to accomplish anything in life we should possess a code for living, which we could say in two words, "Effort and Practice."

We should never perform without practicing to our own satisfaction. We should be loyal and faithful to our jobs. We should gain dignity and poise. There is not one person in the world who does not have talent of one kind or another. The thing to do is to is to discover it, use it, and profit by it in experience and in material gaining power.

Have you thought of your Code for living recently: Do you realize that you are living by a certain Code even though you have not analyzed it? Is it a standard that you are proud to think about or does your conscience quiver whenever it comes to mind?

Your Code is your secret, and only becomes known to others when they see you using it.

Your Code of living makes a lasting impression on those around you. You are usually identified with your actions.

A girl who is known to be reliable gets that reputation because of her promptness, efficiency and good work.

You are the only one who makes the choice of a living Code for yourself. No one else can do it for you.

A person never makes any progress nor finds any lasing happiness unless he or she uses his mind, his hands, and his heart in his work.

Take heed for the better things and the greater aspects of life can be yours.

Students: Lauretta Brewer
Glenda Rowe
Valerie Scott
Cynthia Williams

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TODAY Author Unknown

With every rising of the Sun
Think of your life as just begun

The past has cancelled and buried deep
All yesterdays. There let them sleep

Concern yourself with but Today
Grasp it, and teach it to obey
Your will and plan since time began
Today has been the friend of man

You and today! a soul sublime
And the greater heritage of time
With God himself to bind the twain
Go forth, brave heart! Attain! Attain!

COTTAGE LIFE IN WEIL

Life in Weil has been a busy and interesting one for both staff and girls. There has been much improvement in the girls' behavior and attitude. This has been a tremendous help to all concerned.

There has been a complete turnover of cottage counselors in Weil. Mrs. L. B. Jones, Mrs. M. M. Boykins and Mrs. D. T. Brinson are our new counselors. Mrs. Brinson is not a new counselor to the school but she is to Weil cottage. We are very glad to have Mrs. Brinson working with us.

Our counselors have utilized their ability willingly and cheerfully to feel an interest in the upkeep of personal appearances and housekeeping. We feel that the improved results, both in ourselves and those around us, will make us feel better inside.

Our projects for the year have been:

1. Making small pillows for individual beds.
2. Making house shoes.
3. Making attractive bulletin boards for our cottage.

In keeping with the seasons we have made posters as a part of our recreation. In our counselors effort to aid in elevating our minds and interest, Miss Trevaughn Cheek was invited to our cottage to show slides of famous paintings by classic artists. We extended an invitation to other cottages to share such a treat with us.

Spring is now approaching - this is the time of year when the grass is growing and the flowers are blooming.

Our girls have made it their responsibility not only to help themselves become young ladies, but to help other schoolmates as well.

We are proud to say we have had only one attempt to run away from Weil this year.

We shall continue to strive toward better womanhood by labeling progress as our aim and success as our goal.

President: Bettie Thompson
Secretary: Yvonne Williams

MY DAILY CREED

by Yvonne Williams

I dedicate my mind to the respect of the rights of others, to obey moral and Civil laws of the land and to have Love and honor for the flag of our country.

I dedicate my mouth to utter the call of daily duties; and to speak a prayer for every wounded spirit including my enemy.

I dedicate my heart to the human cause of men, that it may bleed for the injury of all mankind and further with joy for their every success.

I dedicate my soul to good courage that it may know no fear except its own unworthiness.

COTTAGE COUNSELOR CLUB

Our cottage counselors' club is fully operating with joy and anticipation.

Four of our club members enjoyed the wonderful opportunity of attending the third workshop for cottage counselors at Samarcand Manor, for three days in February. We were much inspired and our workshops were educational, stimulating, and gave us a sense of being a spoke in the great wheel of Juvenile Correction.

We had the honor of speaking to and listening to our own great Governor of North Carolina, The Honorable, Terry Sanford. Our other great speakers included , The Honorable H. P. Taylor, member of the North Carolina House of Representatives, and our dear Superintendent, Miss Mae D. Holmes.

Our club has sponsored two visiting ministers to speak to our girls. Rev. Stitt, pastor of the First Presbyterian Church, Lillington, N. C., opened our Negro History Week, February 9 with the timely topic, "The Negro in Religion." Rev. Woodard, pastor of the Chelsey Chapel Methodist Church, Henderson, N. C., delivered an inspiring sermon to our girls, Sunday March 8.

Mrs. I. Roberts, Pres.
Miss M. Watkins, Sect.

COUNSELORS ATTEND WORKSHOP

The third annual workshop for cottage counselors was held February 4 thru 6, 1964 at Samarcand Manor, Eagle Springs, N. C.

Those who attended were, our Superintendent, Miss Mae D. Holmes, Misses R. Banks, and M. P. Watkins, Mesdames A. Winston and Irene Roberts.

Were received by the cottage life Supervisor, Mr. Warren A. Ellis. We had the pleasure of meeting the honorable Terry Sanford, Governor of North Carolina, who was one of the keynote speakers. Other keynote speakers were, The Honorable H. Pl Taylor Jr., member of North Carolina House of Representatives, and Miss Mae D. Holmes, Superintendent, State Training School for Girls, Kinston, N .C.

Two learned consultants directed the workshop discussions. Mr. Charles E. Lawrence, Institutions consultant, Dept. of Health, Education and Welfare and Mr. Hansel H. Hollingsworth, Associate Director of School of Social Work, University of North Carolina, Chapel Hill, N. C. The consultants placed a great deal of value upon the work of the counselor. In fact, they seem to regard them as the crux of the entire correctional institution.

Two groups consisted of A and B. Group A had as its topic, "The Development of Positive Staff Attitudes", "The Key to an Effecitve Program", while Group B had as its topic, "The way students act to Tell us Something."

We were delightfully entertained by the Music Department. Music and folk demonstrations were rendered. The tour of the grounds with all of the scenic beauty, and classroom displays were added attractions.

We feel that we gained a fuller perspective of our work and that we have been enriched by the workshop experience and stimulated by those who have shared our endeavors in the past.

FARM NEWS

Alas! spring is unfolding the hidden beauty of the farm. We are very happy to report a very successful winter season; the highlights being the butchering of hogs, processing and curing the meat, the care of the chickens, and last but not least, the cleaning and cooking of our chitterlings, which is the time I enjoy most.

I love to care for and watch the baby chicks grow into hens, and furnish eggs for us. Here on the farm we learn to appreciate the wonders of nature.

Thanks to our supervisors for working with us so faithfully and patiently.

Reporter: Alice Kennedy

We are very happy to report that during the winter months we were very successful in getting the hogs butchered and the meat properly processed and cured. We were able to save a good percentage of the pigs, even though under adverse circumstances.

We have had a continuous flow of fresh vegetables from the farm to the kitchen and at present we have kale, turnip greens, green onions, and sweet potatoes in abundance. Our spring garden has been seeded and it looks very promising. The ditch banks are cleaned and ground broken.

Our egg production has been quite low, but we hope to have quite an increase in percentage by the end of the month.

We regret that our Director of Farms, Mr. Dan F. Cameron, is ill. We wish him a speedy recovery.

L. M. Ferrell
C. T. Murphy
Farm Supervisors

Laugh, and the world laughs with you;
Weep, and you weep alone,
For this brave old earth must borrow its mirth
It has troubles of its own.
Sing and the hills will answer;
Sigh, it is lost on the air,
The echoes bound to a joyful sound
But shrink from voicing care.

LAUNDRY DEPARTMENT NEWS

In our training program and daily operations here in the laundry, we stress planning as one of the most important aspects of the laundry service program.

In our operation, we turn out quality as well as quantity work. Within these doors new machinery has been added. They are a press unit and a new extractor. The press unit is push button operated. With these machines the girls show improvement in quantity and progress in skills. These are necessary for good laundry production.

The theory and practice the girls are receiving in manipulation of modern machinery will be indispensable to them should they find employment in a standard laundry where skilled operations are needed.

In the finishing department a total of three press units are in service. Presses are designed for high production, finishing of coats, dresses, blouses, aprons, skirts, slacks, house coats and uniforms.

Each day we begin with the thought, "We will do our work easily, swiftly, and efficiently." Our closing thought for the day, "We have done all things as unto God, so we have done all things Well."

D. E. Harrington, Laundry Supervisor

A PRAYER OF ST. FRANCIS OF ASSISI

Lord make me a channel of Thy peace
That where there is hatred--
I may bring love,
That where there is wrong--
I may bring the spirit of forgiveness,
That where there is discord---
I may bring harmony,
That where there is error--
I may bring truth,
That where there is doubt--
I may bring faith,
That where there is despair--
I may bring hope,
That where there are shadows--
I may bring Thy light,
That where there is sadness--
I may bring joy.
Lord grant that I may seek rather
To comfort - than to be comforted;
To understand - than to be understood;
To love - than to be loved;
For it is by giving--
That one receives;
It is by self-forgetting--
That one finds;
It is by forgiving--
That one is forgiven;
It is by dying--
That one awakens to eternal life.

FOOD SERVICE DEPARTMENT

There is much work to do in our department during the spring season. We always look forward to several State Inspectors during this time of the year. Most of this inspection has been underway from time to time. From some, we have received favorable ratings, others, unfavorable. We feel there is always room for improvement and through the justifiable criticisms, we are able to advance.

A slight change in our methods of service has taken place this spring. Our staff has requested steam table service for two meals daily, breakfast and supper. We consider it the most satisfactory change that has occurred for some time on our campus.

The afternoon division of our assignment presented a dawn service in the Dining Hall on Easter Sunday. We commend the girls for interest and participation.

Reporter: Gloria Riley

CLINIC COMMENTS

So often we awaken upset, disgusted, and depressed. By the time we have done our cottage chores, our heads ache and we feel sick. All the time we have been thinking depressing thoughts and have forgotten to look up and say a prayer and a word of thanks for the wonderful, beautiful world in which we live. There is no pill, no liquid, and no capsule that can cure this depression. Tranquilizers play a part in uplifting our spirits for awhile, but even they prove ineffective after so long.

N ow that the Easter season is at hand, it is a good time to stop and take inventory of ourselves. Are we treating our fellowman as we wish to be treated? Are we being true to God and to ourselves.

If the answer is no, we can account for many physical disorders and medicine is not the answer. Let's check ourselves.

J. E. Williams, Nurse

ACCOMPLISHMENTS OF FORMER STUDENTS

It is always gratifying as well as rewarding to received progress reports from our agencies informing us that our former students who have returned to their communities are doing well and are striving to attain higher goals in life, because we feel that all our efforts have not been in vain, and that we have helped them in some way - be it great or small.

We are especially proud of the accomplishments of the following girls as well as many others:

Mary Brimmage from Murfreesboro, graduate from high school in 1963, is now enrolled at Elizabeth City Teachers' College. Mary is majoring in history.

Libby Jo Young from Charlotte, graduated from high school in 1963, and is enrolled in a Business School in New York City.

Cora Taylor, from Greenville graduated from high school in 1963 and has enrolled at Barber Scotia in Concord, N. C.

Carolyn Carr from Greensboro, graduated from Sedalia High School in 1963, and is now working in Tenn. She has made an excellent adjustment. She plans to enter college in the fall of 1964.

Pondaris Ellison, from Raleigh is enrolled in school and is doing quite well. She is participating in various extra curricular activities as well as taking an active part in church and Sunday School.

Gwendolyn Johnson from Winston Salem is enrolled in school, and is making an excellent home adjustment.

Janet Mebane from Greensboro is enrolled in school and is making an excellent adjustment at home and school.

Brenda Williams from Greensboro is enrolled in school and is looking for graduation in the spring. She i s adjusting satisfactorily.

Georgiana Lightner from Charlottee has made an excellent adjustment. She is enrolled in school and has a part time job after school

Edna James from Kenansville is making a very satisfactory adjustment to her foster home placement in Windsor.

Doretha M. Branch
Social Service Department

COTTEGE AND SCHOOL MONTHLY BEHAVIORAL EVALUATION HONOR ROLL

JANUARY

Mary Abernathy--2
Dorothy Adams---2
Annie Baily-----2
Doris,Baker-----1
Lillian Baldwin-2
Lauretta Brewer-2
Gail Brown------2
Ira Mae Cromartie--2
Barbara Davis---2
Mary Dudley-----2
Judy Farrar-----2
Wanda Ferguson--2
Maggie Ewing----2
Frances Hewitt--2
Naomi Hewitt----2
Jean Hunt-------2
Delois Lea------2
Delta Logan-----2
Linda Logan-----2
Joyce McBride---2
Mildred McBride-2
Myrtle McBride--2
Ruth McCurdy----2
Teresa McDonald-2
Sandrea Meadows-2
Gloria Neal-----2
Velma Purdy-----2
Phyliss Rankin--2
Pauline Roberts-2
Glenda Rowe-----1
Peggy Royal-----1
Mary Shelton----2
Sandra Slade----1
Alice Speller---2
Janie Swift-----2
Sarah West------2
Yvonne Williams-2
Luretha Williams2
Martha Williams-1
Wilma Williams--1

SUBMITTED BY:

Blanch G. Reid, Principal
Doretha M. Branch, Social Worker

FEBRUARY

Mary Abernathy--2
Annie Bailey----2
Doris Baker-----2
Lauretta Brewer-2
Gail Brown------2
Brenda Catoe----2
Peggy Chapman---2
Mettie Cowan----2
Barbara Davis---2
Mary Dudley-----2
Retha Farmer----2
Judy Farrar-----2
Savonne Fleming-2
Gloria Freeman--2
Jacquelyn Gash--2
Lyndia Gilliam--2
Shirley Goines--1
Glenda Graves---2
Nancy Hayes-----2
Jean Hunt-------2
Mollie Hunt-----2
Glendora Geddie-2
Shirley Henderson--2
Frances Hewitt--2
Margaret Johnson--2
Alice Kennedy---2
Delois Lea------1
Barbara Lee-----2
Doris Little----2
Delta Logan-----2
Linda Logan-----2
Joyce McBride---2
Judy McIntosh---2
Sandra Meadows--2
Ernestine Moore-2
Barbara Moore---2
Gloria Neal-----2
Linda Palmer----2
Ernestine Patterson--2
Velma Purdie----2
Pauline Roberts-2
Sylvia Robinson-2
Linda Rogers----2
Glenda Rowe-----2
Peggy Royal-----2
Mary Shelton----1
Sandra Slade----2
Elizabeth Smith-2
Alice Speller---2
Betty Thompson--2
Johnnie M. Tyson--2
Yvonne Williams-2
Sophia Williams-2
Zelma Williams--2
Martha Williams-1
Wilma Williams--1

STAFF COUNT DOWN

Around the World you may roam
You will never find another Mae D. Holmes,
When she has something to tell;
She pushes the buzzer for Narcott Bell
You will find her trying to please,
The every wish of Blanche G. Reid
When rating the girls she doesn't take a chance;
Until she contacts Doretha Branch.

Your typing must be well done
When you are supervised by E. Covington
The girls say "music" is a real treat,
When the music is supervised by Gerladine Cheek
When washing and ironing, it seems real fun,
If you follow the instructions of D. E. Harrington
In Special Education you cannot frolic,
Because you must learn your lesson for Helen Pollock.

If you get hungry don't think you are starving,
You must do right for Ethel B. Harvey
It's quite a treat to live near Kinston,
And to hear the jokes by Anna M. Winston.
You can learn to sew very fancy
If you get instruction from Fay Ramsey
In Arts and Crafts, you are kept very busy,
By the one we know as Vernice Grisby

The 8th grade class are great teasers
They are taught by Harry Leazer
To be physically fit; you must go by the manual
And take exercise like Julia Daniels
Don't worry about eating, when you feel hungry
Go to the cafeteria and see Mrs. Jamman;
There's one you know has pills by the millions,
When your headache comes, See Mrs. Williams.

If you need someone to go on a run,
Go find George Alston
The counselors are great, from Beaman, Roberts White
Watkins and Pugh
If you don't do right they will sure see you.
Be neat in work, and dress as if in crimson;
Take a lesson from Mrs. Brinson
Don't be seen around the water tank;
You may be seen by two Miss Banks

Don't feel discouraged, thinking you are alone
Go by and talk with Mrs. Jones
If you decide to play London Bridge,
To get a good supervisor see Mrs. Aldridge
We need not watch our weight or calories, with the experts
who plan our meals
We can always trust Solomon and Randolph to carry out Bryans
rules

Down on the farm with Murphy, You'll find Ferrell
Doing her part, helping supervise the chores
Even hitching the Mule to the cart

We cannot forget Zebbie, he's the man with such a kind
heart
He will cooperate with anything that you start.
Slow but sure, we cannot pass by and leave the name
of Mr. Brower
Now, for the money we all need some
But we can only get it from Jim Covington.

BY: HELEN POLLOCK

DO NOT JUDGE TO HARD

Pray do not find fault with the man that
limps...or stumbles along the read,
unless you have worn the shoes he
wears.....or struggled beneath his load
There may be tacks in his shoes that hurt,
though hidden away from view,
or the burdens he bears placed on
your back.....might cause you to stumble too.

Don't sneer at the man who is down
today...unless you have felt the blow
that caused his fall, or felt the pain
that only the fallen know,
You may be strong, but still the blows
that were his, if dealt to you
in the selfsame way at the selfsame
time.... might cause you to stagger too.

Don't be too hard on the man who sins,
or pelt him with words or a stone,
unless you are sure, yea doubly sure,
that you have not sins of your own.
For you know perhaps if the tempter's
voice.....should whisper as soft to you
as it did to him when he went astray,
'twould cause you to falter too.

Author Unknown

SPOTLIGHT

STATE TRAINING SCHOOL FOR GIRLS
KINSTON, NORTH CAROLINA
DECEMBER 1964

SUPERINTENDENT'S MESSAGE

Greetings and best wishes for this season which is a very challenging one. It suggests beauty - love - and sharing. It is said that God's Angels and the Morning Stars sang together as a prelude to Jesus' birth indicating music - love - and harmony on the plains of Bethlehem.

The needs of a rapidly changing world wide society points up the necessity for more love and deeper recognition of our daily blessings, for which we should show sincere gratitude in our hearts at all times. Never before has there been a greater need for sincere love, gratitude, and the spirit of sharing in our hearts. As we reflect and try to enumerate even a portion of our many blessings we are aware that it would be difficult to name them.

Our institutional family is full of gratitude for our many blessings and for the progress we are making toward creating better and more meaningful images individually and collectively and for the services we render to those within our care.

Let us sing and rejoice together keeping in mind the real spirit of Christmas everyday throughout this Holy season and in the year ahead.

(Miss) Mae D. Holmes
Superintendent

MESSAGE FROM THE PRINCIPAL

All children are individuals; treat them like one! Children are born with individuality and it should be respected throughout their lives.

How ones personality develops depends in large degree on how he is regarded as an individual at home and abroad. We as teachers, counselors, and supervisors should take time to sit down with each girl and discuss her problems, aims, and successes; then should any girl be secure in our love, interest, and approval. The girl would know her teachers, counselors, and supervisors are behind her in every worthwhile effort. She is an individual.

We do not want to express ourselves too often with remarks such as, "these girls are not like the girls we have had in the past"; "they are not as considerate as others we have tried to help." These statements have come back in questions - why do we have to do and be like others?

Let's try letting each girl stand on her own merit. Let her know while she is here that she is our girl and we love her very much. We like her because she is herself. We want her to be just like herself and not try to be like the girl of yesterday. We love the yesterday girls too, but we want the today girls to be themselves for they are our girls no matter how they act or do, although our aim is for happiness and success.

Are we treating our girls as first or second class citizens? Children as well as adults respond when treated as respected individuals. We all know adults who are successful in everything they do - business life, home life, and social life - all successful. It seems they can't fail. On the other hand, we also know adults, just as well-educated and just as personable, who consistently fail. The first group is on the ladder of success. The second group is on the ladder of failure. Children who succeed regularly become used to success. They are sure of themselves; they expect to succeed. They are happy at home. They get their lessons at school. They play the games at physical education time. They like school. They are on the ladder of success.

PRINCIPAL'S MESSAGE (CONTINUED)

Some children take an opposite track. These children are not able to read as well as others and are soon afraid to read in class. They lose confidence in handling numbers in arithmetic. They fail to make friends. Their papers are untidy. They dislike school. Anyone of these problems can start children on a ladder of failure.

The gap between the successful and the unsuccessful widens as the years go on. Children tend to stay in one group - unless something changes them. Without help from us, children seldom change from the unsuccessful group to the successful group. Children need success every day. Let us start by helping some child become successful at some one thing. Success need not be a distant dream. It can be achieved now!!!

- - - -

MY THANKS

Helen Steiner Rice

People everywhere in life
     from every walk and station
From every town and city
     and every state and nation
Have given me so many things
     intangible and dear,
I couldn't begin to count them all
     or even make them clear...
I only know I owe so much
     to people everywhere
And when I put my thoughts in verse
     it's just a way to share
The musings of a thankful heart,
     a heart much like your own
For nothing that I think or write
     is mine and mine alone...
So if you found some beauty
     in any word or line,
It's just "Your Soul's Reflection"
     in "Proximity with Mine".

"For unto you is born this day in
the city of David a Savior, which
is Christ the Lord"

As this Christmas season approaches, what plans have you made to celebrate the birth of our Lord?

Throughout the world, people are rushing, pushing, and stepping on the rights of others to purchase material things to satisfy the desires and wishes of man. Never before has the monetary gain been so great for providing man with the means to make greater and finer purchases to share his wealth with others at Christmas time.

The spirit of giving and sharing is a worthwhile activity as long as the spirit and right frame of mind is effected. But what is the purpose and meaning of this entire season for which we travel miles, spend countless dollars, and prepare so elaborately? It is the birth of Jesus Christ, our Savior. People everywhere are making arrangements and plans for this annual event. Some are preparing luxurious parties, expensive trips, and other affairs to acclaim the fame of "the affair of the season". But very few are concerned about the precious time that could be spent in giving praise and honor to God for His Son, Jesus.

As I watch the many activities in preparation and hear the many conversations concerning Christmas activities, I wonder if my idea of Christmas and its meaning has been distorted somewhere along the way. The thought comes to mind that I have been misled about the entire idea and theme of Christmas. However, I must admit - I am very much like an old dog - There are very few new tricks of which I can learn. Therefore, I will continue to celebrate my Christmas as before. In case you are interested, here are a few activities that always make my Christmas season brighter:

1. Always read the story of Jesus' Birth at Christmas time - you will find that it is more refreshing each year.

2. Find a quiet church and just commune with God - Delight in Him with your successes; ask for guidance and strength in your failures.

3. Give of yourself to your family and fellowmen by way of thought, word, or deed.

4. Refresh your memory of the many blessings received since the last Christmas season and be truly thankful for life and liberty.

5. Entertain yourself with some sacred oratorio as "The Messiah" by Handel. You will find it nourishment for the soul.

6. Be grateful that you are among the blessed to share the Birthday Celebration of Jesus Christ.

7. Forget not your Maker, and make your celebrations worthy of his presence.

If you take a few of these suggestions and follow them, I am sure that your path will be straight and your way will be prepared for the Lord during this Christmas season.

"Glory to God in the highest, and
on earth peace, goodwill toward men"

M. Inman

"CREATING AN IMMAGE"

Creating an Image has been the theme of our unit counselors' meeting since the October Workshop. Throughout the campus and in our daily lives and our contacts with people, places, and situations, it has been foremost in our minds to do and act in such a manner that would demand respect and uplift from the girls and co-workers here at our institution.

In the unit counselors' meetings, much has been discussed on ways in which the counselor staff can be improved to meet the needs and desires of the students. From experience, suggestions, constructive criticism, and conscientious efforts, much has been obtained and passed on which has been beneficial in curtailing and alleviating many of our problems.

It is our desire to continue our efforts in this direction and to grow intellectually in the modern methods of juvenile correction with the desire to do better work.

Mrs. Anna Winston, counselor, has given one splendid and enlightening report on "Integration in the Training Schools". We expect to have more reports of which we are sure will enable us to benefit in the areas of understanding, solving, and alleviating present day problems of the training schools.

Unit Counselors

DEDICATORIAL SERVICE

October 25, 1964 was a busy day for the staff and girls at the school - for a dedicatorial service in honor of the Late Mrs. Edna B. Taylor was held at 2:00 p.m. A portrait of Mrs. Taylor was presented to the school.

Dr. & Mrs. C. Mason Quick, son of Mrs. Taylor, and their daughter of Fayetteville, North Carolina were among the guests present. Clubs and organizations, namely the Omicron Club, Les Bonnes Amies, Kinston Bridge Club, the S.O.H.S. and others were in attendance. Mr. Blaine M. Madison, Commissioner, Board of Juvenile Correction, received the portrait and made inspiring remarks concerning the work of Mrs. Taylor. Other guests on the program were Dr. J. R. Larkins, Consultant, N. C. Department of Public Welfare, guest speaker; Mrs. Josephine S. Brown, Presiding; Mrs. E. M. Spellman; Mrs. S. T. Henley; and Mrs. Thelma O. Satterwhite, who presented the portrait. A special tribute was made by Palmer Memorial Institute's Drill Team. Miss Mae D. Holmes, Superintendent, State Training School for Girls, welcomed the guests.

After the services, a repast of hot tea, frappe, and cookies were served. A poem which depicts the character and spirit of Mrs. Taylor faced the program and reads as follows:

REMEMBER —— The value of time.
The success of perseverance.
The pleasure of working.
The dignity of simplicity.
The worth of character.
The power of kindness.
The influence of example.
The obligation of duty.
The wisdom of economy.
The virtue of patience.
The improvement of talent.
The joy of originating.
And the love of service to all mankind.

M. Inman

Cottage Counselors' Workshop

A Cottage Counselor Workshop was held in September 15-18. This was the first time that such a workshop has been held at our school.

Mr. Warren A. Ellis, Director of Cottage Life, served as Moderator. Mr. Ellis brought to the group literature and other sources of information compiled by "Child-Care Professionals."

During the course of the workshop sessions, many interesting topics were discussed and many real-life experiences were related by the counselors.

The workshop has inflated our egos as we were once again reminded of the intricate part that we as house counselors play in molding the lives of the "delinquent child."

To climax this event, a delicious luncheon was served in the school dining room.

Our guest speaker, Mr. Blaine M. Madison, gave a very timely and energetic discourse on "Creating an Image."

Mrs. Steward, Supervisor of Kinston City Public Schools, and Mr. Dan Cameron, Director of Farms, were visiting guests.

M. P. Watkins

Mrs. E. B. Covington Sweeps Through

At our last staff meeting Mrs. Covington gave a resume of her summer school course. She shared with us a term paper in Library Science, the subject of which was "Selection and Use of Reference Materials." Mrs. Covington's selected subject was Juvenile Delinquency. As references, she used the Encyclopedia Britannica and the Encyclopedia of Mental Health.

One of the most impressive books was Therapeutic Group Work with Children by Gisela Konopka. In this book she analyzed and studied the group work method with a group of girls. Mrs. Covington emphasized the use of therapeutic methods of unraveling and overcoming some of the snarls, distrusts, and inadequacies which develop in many unhappy teenagers.

Other books reviewed were New Light on Delinquency and Its Treatment by William Healy; The Clinical Treatment of the Problem Child by Psychologist Carl R. Rogers; and The Problems of Child Delinquency by Maud Merrill.

We could gather from Mrs. Covington's very enlightening review that the course was both interesting and beneficial.

J. E. Williams

SIXTH GRADE AND SPECIAL EDUCATION

Since our last report, we have been made sad and made glad. Many of our friends returned to their homes, while new ones joined our group. Our greatest shock was the lost in death of our Music teacher. We know that she would wish for us to carry on, therefore, we submit our will to the "Maker."

We spent a wonderful summer. Our three weeks in vacation Bible School were very interesting. We learned many Bible verses and songs. Our theme was "Give Me The Bible." At the end of our Bible study each day we were taught to do many things in Arts and Crafts. We had a lovely exhibit.

Our class enjoyed learning new things. We enjoy helping to care for the beautiful flowers in our room. We are planning to give a Chapel Program soon. Oh! We had a real treat during August. Dr. J. M. Hammond, a missionary in Africa, visited our school. He told us many things about how the people live in Africa. He showed pictures of the natives and their homes. We learned through him that some of the Africans are well educated and living better than some Americans.

For Thanksgiving we made a Pilgrim village. At this writing we are busy with our Christmas display. We welcome all readers to visit our classroom any time.

By the way, Mr. Leonard is very nice. He came and shared with us his visit to South America.

Reporter - The Class

Teacher, H. M. Pollock

HOME ECONOMICS DEPARTMENT

A STITCH IN TIME MAY SAVE NINE

The girls in Home Economics have been trying to take "A stitch in time to save nine." We have mended some of our clothes so it will not be necessary to make or have new garments. We have learned the fundamental hand stitches which have helped us to construct simple gathered skirts. We have made napkins, uniforms and table cloths for our foods class. Some of us have saved considerable amount of time and energy by becoming familiar with the tools we use.

What would you think of a carpenter who tried to build a house without the knowledge of the necessary tools? It is just as impractical to try to cook or make one's clothes without the knowledge of the proper equipment to use and the care to be given this equipment. With the help of our new instructor, Miss Ratliff, we are learning the care and usage of our equipment.

Reporters:

Ernestine Moore
Gloria Riley

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Quotable Quote:

When I am right - no one remembers.
When I am wrong - no one forgets.

OUR TYPING CLASS

When we were in the ninth grade some of the girls would sneak their fingers up under the typewriter cover and hit a key on the typewriter and say they were typing. At the time, we were taking General Mathematics in the typing room. It seemed so easy to type, but when the time came for us to take typing it seemed kind of hard. When we first started typing we found that we had to use certain fingers to type. It was hard at first trying to use the right fingers. The little finger seemed very weak for a while but now it doesn't give us any trouble.

Our bulletin board has been a source of beauty and inspiration to us. In September the theme was "Back To School" showing the "little red school house" with roads leading to it from all directions. Colorful pieces of paper shaped like books showed the pictures of boys and girls from Kindergarten to High School going back to school. We enjoyed looking at these pictures as it made us feel a part of the big march "Back to School" in cities and towns everywhere. For the month of November our bulletin board reminded us of Fall and Thanksgiving with the "Horn of Plenty" or Cornucopia. The theme was "Let Us Give Thanks." We are enjoying the beautiful Christmas cards displayed now. The girls read the verses on the cards as they pass by while changing classes.

For the most part the girls enjoy having typing class.

Pauline Roberts
Ernestine Moore - Reporters

Think on these:

Success or failure in business is caused more by the mental attitude even than by mental capacities. Walter Dill Scott.

The manufacturer who waits in the woods for the world to beat a path to his door, is a great optimist. But the manufacturer who shows his "mousetraps" to the world keeps the smoke coming out of his chimney. O. B. Winters.

To business that we love, we rise betimes, and go to it with delight. Shakespeare.

The man who is above his business may one day find his business above him. Drew.

BIOLOGY SPOTLIGHT

To introduce you to the 10-A and 10-B Biology class, we will define Biology. Biology is the science of life, or the study of living and non-living things, or it is a study which tells you about yourself and other life processes.

Modern Biology combines the best features of the type, systematic and principles courses. The organization of Modern Biology follows a logical and sequential pattern, which we have been dealing with closely in our class.

We have become familiar with several persons who are responsible for the many advances in Biology. We pay tribute to Aristotle, Anton Von Leeuwenhoek, Edward Jenner, William Harvey and many others who have helped man in his struggle for existence.

In our class we have completed five chapters in our text. In these five chapters we discussed the science of life - Biology, the fundamental properties of life, the physical basis of life, the functional basis of life and the chemical basis of life.

We would like to introduce a new staff member to our school, Miss M. R. Holt. Miss Holt is our Biology instructor and we would like to thank her for having worked so well with us thus far.

Ora McBee, Reporter

OUR MUSIC DEPARTMENT

The Music Department would like to introduce you to its activities thus far.

Each grade level from seven to eleven is experiencing a different type of orientation to music. The students have learned many new songs as well as much theory.

The Glee Club invites you to visit with them. There are many new members in the Glee Club. Our teacher is Miss Holt. We have entertained several affairs and hope to do more in the future. We are trying to make a lasting impression while we are continuously progressing.

Barbara Anderson, Reporter

MUSICAL THOUGHTS

Music washes away from the soul the dust of every-day life. Auerbach.

Music is a discipline, and a mistress of order and good manners, she makes the people milder and gentler, more moral and more reasonable. Luther.

Music is one of the fairest and most glorious gifts of God, to which Satan is a bitter enemy, for it removes from the heart the weight of sorrow, and the fascination of evil thoughts. Luther.

B'TWEEN ME AND YOU

The girls of the Arts and Crafts Department are learning that the creation of artistic objects is the creation of true vitality and the controlling factor in arriving at standards of judgement is design. The design of any object, functional or non-functional, determines our likes or dislikes of the object. The acquaintance with the principles of design makes possible an understanding and appreciation of quality, wherever found - old or new - from a museum or a commercial source, from a ten-cent store or an expensive shop.

Some regard only the crafts and designs of the present as having value, but excellent source for contemporary crafts and designs can be found in our past, as well as in other cultures. A constantly growing sensitivity to everything we come in contact with is necessary in order to appreciate the world of crafts around us. We as a class have been trying to sense the excitement of the material we work with, and respond to it intuitively.

The class is now engaged in working with flexagon, ceramics, making necklaces, and bracelets from acorns and corn, constructing designs from D. step, and learning and defining words generally found in Arts and Crafts classes.

The Arts and Crafts class of the State Training School for Girls hope to meet you again by way of the Spotlight.

Until then, Au-Re-voir.

Arts and Crafts

Mrs. V. M. Grigsby, Teacher

Quotable Quote:

PROSPERITY:

Spending money we haven't earned,

To buy things we don't need

To impress people we don't like.

EXERCISE AND FITNESS

Fitness has many components including intellectual and emotional as well as physical factors. These differ in relative importance from one period of life to another, depending upon varying individual roles and responsibilities. But in every part of life, each of these factors is important for effective living.

Fitness for living rests first of all upon a solid foundation of basic good health. Be it in the home, school, on the farm, or in the factory. Fitness for living implies freedom from diseases; enough strength, agility, endurance and skill to meet the demands of daily living. Physical fitness is but one element in total fitness.

Along with exercises, adequate nutrition, sufficient rest and relaxation, suitable work, the use of medical and dental services, and the avoidance of excesses are all important in maintaining fitness.

Persons long out of training, or "soft" who have not practiced strenuous exercise (regularly) will need an extended period of conditioning to facilitate gradual return to full activity. This can bring about the maximum of enjoyment and benefit from exercise.

Activities for girls should be selected with regards for their psychological as well as physiological characteristics. Those which involve a minimum of body contact and do not stress heavy lifting should be favored. Regularity of exercise should be stressed.

Certain types of exercise are appropriate to certain conditions of weather and climate. Common sense suggests that a person should not set excessive performance goals under unfavorable conditions.

Exercise is one of the important factors contributing to total fitness.

Physical Education Department

(Miss) J. M. Daniels, Teacher

Quotable Quote:

"Look to your health; and if you have it, praise God and value it next to a good conscience; for health is the second blessing that we mortals are capable of--a blessing that money cannot buy; therefore value it, and be thankful for it." Izaak Walton

"Broken Laws of God and Man"

An act which breaks what we believe to be the law of God is a sin, such as the violation of one of the Ten Commandments. The breaking of a law made by man we call a crime. Some misdeeds are twofold, murder or stealing is both a sin and crime.

Bad environment and social conditions are partly to blame for some crimes. Bad habits; such as the use of liquor and drugs sometimes take away man's sense of reasoning and final but by no means least important, lack of proper training and education may lead a person to do improper acts because he knows no better.

Benjamin once wrote "Being ignorant is not so much a shame, as being unwilling to learn." One should be proud to receive a second chance at a life that could have been lost, to go back to society ready to make our contribution to the world for the sake of others who are coming after us.

The question asked for this publication is intended to coincide with National Education Week, November 8-14. It is believed that this is one of the most important events taking place for that month.

Question? Why Do We Need Education?

The late President John F. Kennedy at a commencement exercise at the American University said, "We all cherish over children's future; we are all mortal."

If we did not have education, the world would be very ignorant. People would have no vocabularies which would help them better communicate their thoughts.

Mettie Cowan
11-B

Without education, we are nothing. It is a method that every human being needs. It matters not the age. Old or young, one never gets enough.

Alice Speller
10-B

We need education to develop the ability to think and form opinions for better judgements. Education puts the individual on the road to self-development.

Betty Howell
10-B

We need education to help provide the essential needs of self and of family. Education plays an important role in the prevention of crime.

Ernestine Moore
11-B

Education is a unique institution designed to develope our intellectual capacities. Without education of some sort in our highly developed society, we cannot perform effectively.

Carolyn Conrad
11-B

We need education in order that we may secure better employment opportunities. We need education so that we might have a better knowledge and understanding of the things happening around us.

Frances McRae
11-B

"SOMETHING SPECIAL"

What would you like to do after dinner on Christmas Day as something "way-out or special", and "uh" limited to our school campus?

The above question was presented to students in all cottages. While making no specific promises, it is thought that you would be interested in some of the ideas presented.

We are sorting through your ideas and, maybe, particularly during the Christmas holidays, we'll try a few! According to students, listed below are a few of the many suggestions:

Gift Shop

Football Game

Skating

Beatnick Party

Band (Composed of student talent) along with "dancing in the street"

Inviting Young Men on Campus

By the way - I overhead a way-out nickname just the other day - "Sputnick"

Ruby Banks

T. V. PROGRAM RATING

A recent poll revealed the ratings for programs viewed by students of this institution.

RATING	PROGRAM	OPTION
1	My Favorite Martian	Walt Disney
2	Ed Sullivan	Broadside Walt Disney
3	Lassie	Profiles in Courage
4	The Munsters	The Flintstones
5	The Virginian	Ozzie & Harriet
6	Mister Ed	Profiles in Courage
7	Rawhide	Farmer's Daughter
8	Bat Materson	Bewitched

Ruby Banks

** NEW EMPLOYEES - WELCOME **

Miss Glover J. Reed
Home: Latta, South Carolina
School: Fayetteville State College
Fayetteville, N. C.
Position: Asst Counselor

Mrs. Charlton H. McKoy
Home: Lexington, South Carolina
Position: Asst Counselor

Mrs. Sudie R. Lofton
Home: Kinston, North Carolina
Position: Cook

Miss Edna.E. Connor
Home: Dover, North Carolina
Position: Asst Counselor

Mrs. Mischael B. Cole
Home: Lillington, North Carolina
Position: Asst Counselor

Miss Margaret R. Holt
Home: Raleigh, North Carolina
School: North Carolina College
Durham, North Carolina
Position: Teacher

Miss Beverly Ratliff
Home: Raleigh, North Carolina
School: Shaw University
Raleigh, North Carolina
Position: Teacher

Marvin Inman
Home: Goldsboro, North Carolina
School: Livingstone College
Salisbury, North Carolina
Position: Secretary

"ORCHIDS AND ONIONS"

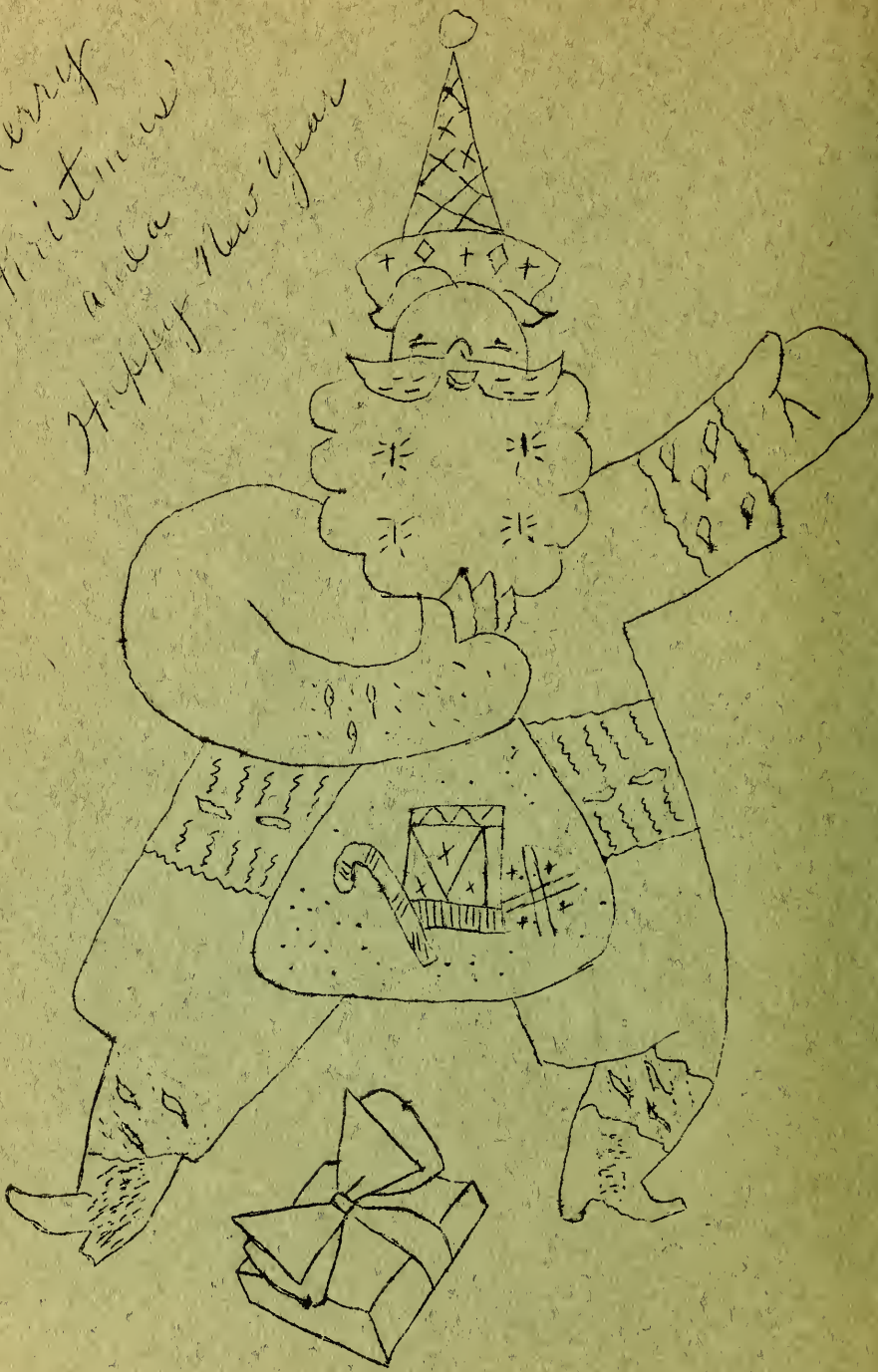
Orchids to the girls who don't run
away,
Onions to the girls in meditation.
Orchids to the dependable housegirls
Onions to the girls who are not
trustworthy
Orchids to our choir,
Onions to the girls on punishment.
Orchids to the staff.
Onions to the personal friends.
But orchids to the girls even though
they are bad at times,
And onions to those who are bad all
the time!

Gail Charity

"I WILL FOLLOW "

I will follow the ones I respect
And the ones that they select.
When you do wrong and then I follow
How can you afford to hollow?
And when I do wrong and you tell me
right
Knock me down if I put up my fist to
fight.
But if I am in the wrong and you are
too;
Then I can say I am following you.
So let's all of us be good
And do just what we know we should.
Being good is going to take a lot of
will and might;
But I will follow you because I know
you will help me do right.

Gail Charity


Merry
Christmas
and
Happy New Year